## **Proprietary Herbal Formulas Actions & Indications**

- Allergies Blood Stasis
  - o Moves blood
  - o Expels wind-cold and wind-heat
  - Clears toxic heat
- Allergies Chronic
  - o Expels wind-cold and wind-heat
- Clear Heat
  - Clear heat in all 3 jiaos
  - o Drain damp heat
  - Promotes urination
  - o Reduce deficiency fire
  - Nourish yin
- Lung PH
  - Clear heat toxins
  - o Clear lung heat
  - o Transform lung phlegm
  - o Move blood
- 3 Breakers
  - Move blood
  - o Break up cold masses
- 4 Softeners
  - Move blood
  - o Soften warm masses
- Dissolve KS Lower Jiao
  - Support kidney health
  - o Dissolve masses
- Dissolve GS Middle Jiao
  - Support gallbladder health
  - o Dissolve masses
- Spur
  - o Dissolve masses
  - Move blood
- Drain Water
  - o Promote urination
- Astringents
  - o Astringe fluids
  - Anti-inflammatory
- Magic 3
  - o Clear heat
  - o Clear stomach heat
  - o Nourish yin
  - Generate fluids

- 3 Yellows
  - o Reduce inflammation
  - Reduce swelling
  - o Clear heat
  - Clear heat toxin
  - o Promote urination
- Liver Damp Heat
  - o Drains damp from the liver
  - Clears heat from the liver
- Liver DTX
  - o Drains damp from the liver
  - Clears heat from the liver
  - o Drains liver fire
  - o Clear heat toxin
  - o Softens liver hardness
- Happy Liver
  - Moves blood through the liver
  - Drains damp from the liver
  - o Clears heat from the liver
- 5 Tans
  - Stop bleeding
- Stomach
  - Resolve food stagnation
  - o Mildly clear stomach heat
- Spasm
  - o Relax sinews
  - Move blood
- Resolve EM
  - Moves blood
  - Resolves masses
  - o Reduces Swelling
- Vitality
  - Strongly move blood through all three jiaos
- Salty 6
  - Engenders water to put out fire in all organ systems.
- Bugs
  - Resolves stubborn blood stagnation